Key Scientific Skills	Year 2 Animals, including humans 1 – Health and survival
Asking simple questions and recognise that they can be answered in different ways	
Observe closely, using simple equipment	
Perform simple tests	
Identify and classify	
Using their observations and ideas to suggest answers to questions	
Gather and record data to help in answering questions	

## **Food Pyramid** Fats and Oils Meat and Fish Milk, Cheese and Dairy Fruit and Vegetables Bread and Cereal

## Year 2 Science Spring 2 Unit Animals including Humans 1 Growth, Health and Survival



## Progression of Knowledge

U	Jnit	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
A	nimals,	Identify and name a variety	Notice that animals,	Identify that animals,	Describe the simple	Describe the changes as	Identify and name the main
	iciduling	of common animals including fish, amphibians,	including humans, have offspring which grow into	including humans, need the right types and amount of	functions of the basic parts of the digestive system in		parts of the human circulatory system, and
Pre-cooked Food	umans	reptiles, birds and mammals		nutrition, and that they	humans		describe the functions of
THE-COOKER TOOL	1///	Identify and name a variety of common animals that are carnivores, herbivores and	Find out about and describe the basic needs of animals, including humans, for	food; they get nutrition	Identify the different types of teeth in humans and their simple functions		the heart, blood vessels and blood Recognise the impact of
Processed Food		omnivores  Describe and compare the	survival (water, food and air)	Identify that humans and some other animals have	Construct and interpret a variety of food chains,		diet, exercise, drugs and lifestyle on the way their
7/2	in in its	structure of a variety of common animals (fish,	Describe the importance for humans of exercise, eating	skeletons and muscles for support, protection and	identifying producers,		bodies function  Describe the ways in which
Fresh Food		amphibians, reptiles, birds	the right amounts of	movement	,		nutrients and water are
- 60-A		and mammals including pets)	different types of food, and hygiene		Rocket Wo		transported within animals, including humans
F		Identify, name, draw and					

	2. Describe the needs of humans for survival
-	

1. Describe the needs

of animals for survival

Lesson Sequence



3. Explore the importance of eating the right food



4. Describe what a healthy, balanced diet looks like



5. Investigate the impact of exercise on our bodies



6. Investigate hygiene

Daily Needs of a Human					
a place to live	food	water	air	sleep	
hygiene				exercise	

label the basic parts of the

human body and say which

associated with each sense

part of the body is

nutrition	food that provides nourishment to live and grow
healthy	being well and fit
protein	a food group, consisting of meat, seafood, eggs, nuts and more, which help the body repair cells
carbohydrate	a food group, including rice, bread and pasta, which give the body energy
dairy	a food group, including cheese, milk and yoghurt, which contains calcium to keeps our bones strong
fat	a food group that are important for energy but only needed in small amounts
exercise	activity requiring physical effort, carried out to improve health and fitness
hygiene	the things you can do to keep yourself and your surroundings clean
	Each serving (150g) contains

Bird in Bush Primary School Science Knowledge Organiser 2023—2024 Knowledge Organiser adapted from the Developing Experts Science Scheme

Energy 1046kJ	3.0g	Saturates <b>1.3</b> g	Sugars 34g	Salt 0.9g
250kcal	LOW	LOW	HIGH	MED
13%	4%	<b>7</b> %	38%	15%